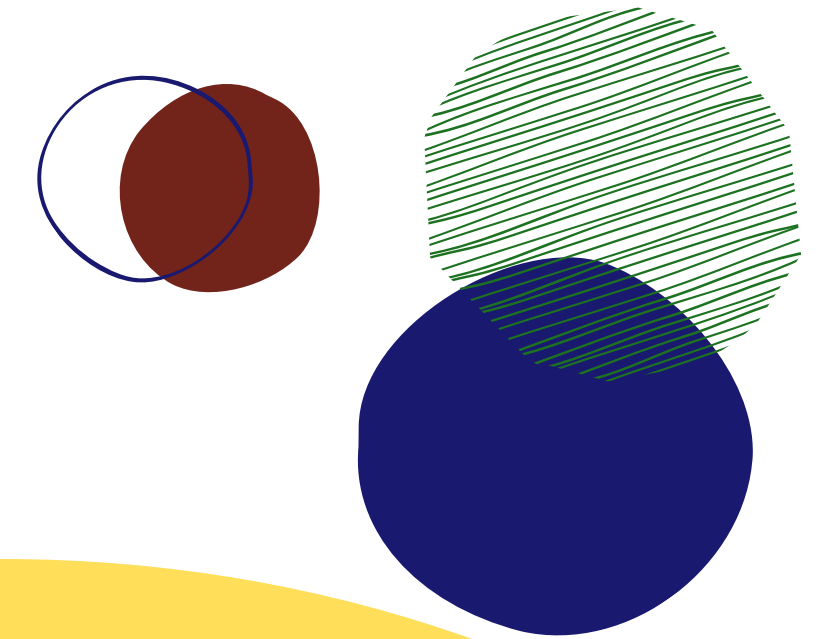
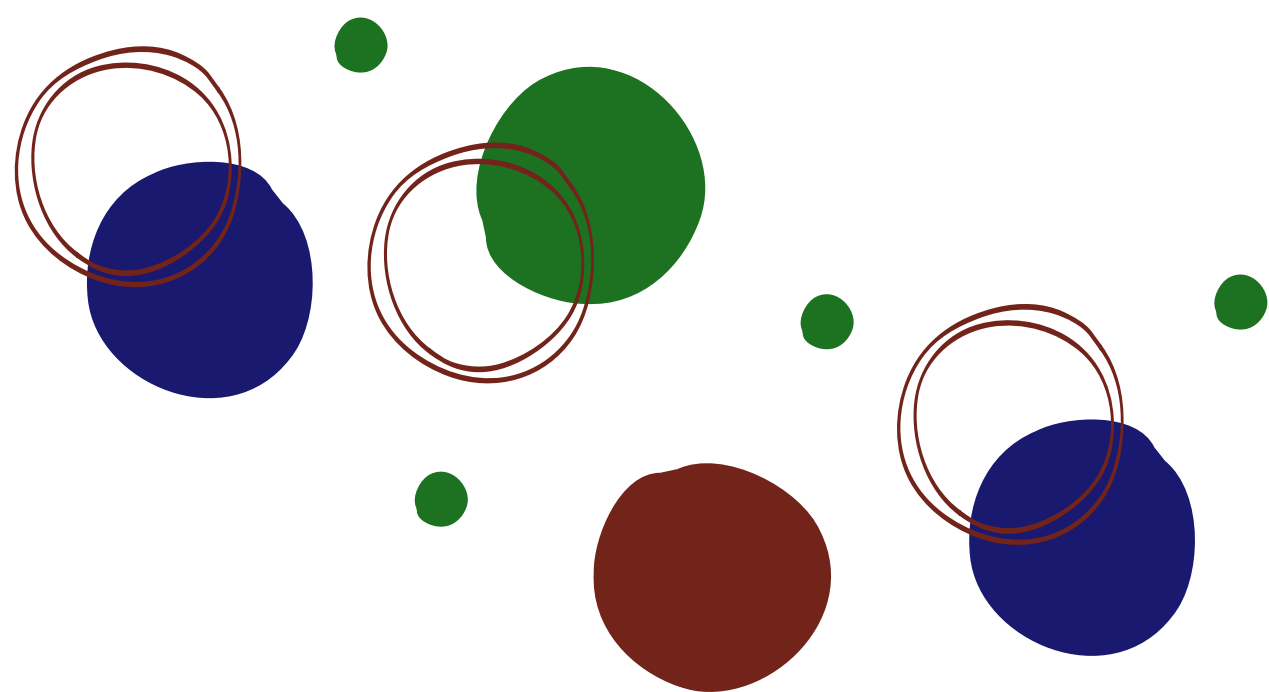


Exploring Health Justice

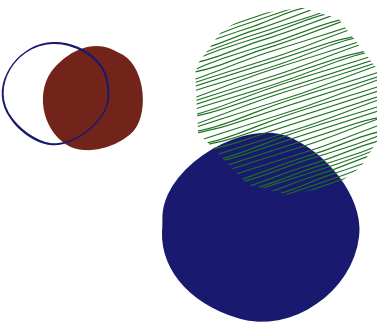
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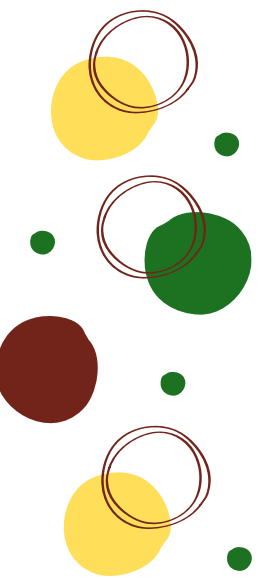
“We build power for freedom,
for liberation, for health, for life.”
– Focus group participant, The Praxis Project



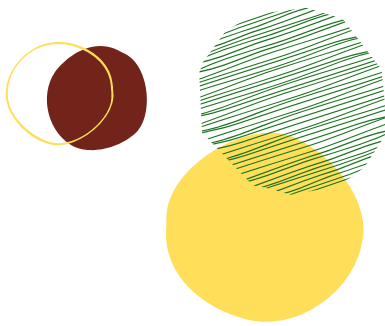
Overview



- What is Health Justice?
- Historical Context
- Example: Applying a Health Justice Approach
- Principles of Health Justice

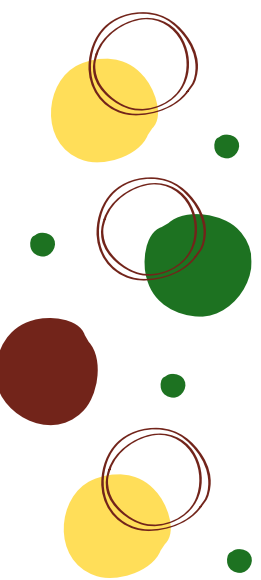


What is Health Justice?

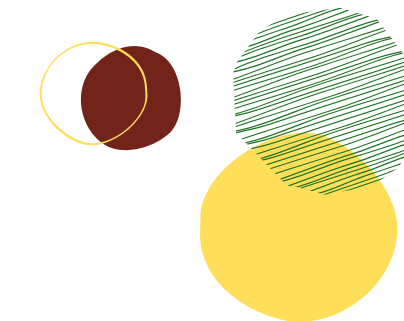


- Framework for health law and policy scholarship
 - Subordination as the root cause of health inequities
 - "...role of laws, policies, and institutions in creating, perpetuating, and (potentially) dismantling subordination within health care, public health, and beyond"
- Movement for power building and transformational change
 - Collective ethic of care
 - Considers **social justice** as "a core value of health law and policy"
 - Healthcare access as one of many social determinants of health (SDOH)

Source: Wiley LF, Yearby R, Clark BR, Mohapatra S. INTRODUCTION: What is Health Justice? J Law Med Ethics. 2022;50(4):636-640. doi: 10.1017/jme.2023.2. PMID: 36883386; PMCID: PMC10009391



What is Health Justice?



“As a movement, health justice seeks to recognize and build the power of individuals and communities affected by health inequities to create and sustain conditions that support health and justice.”
(Wiley 2022)

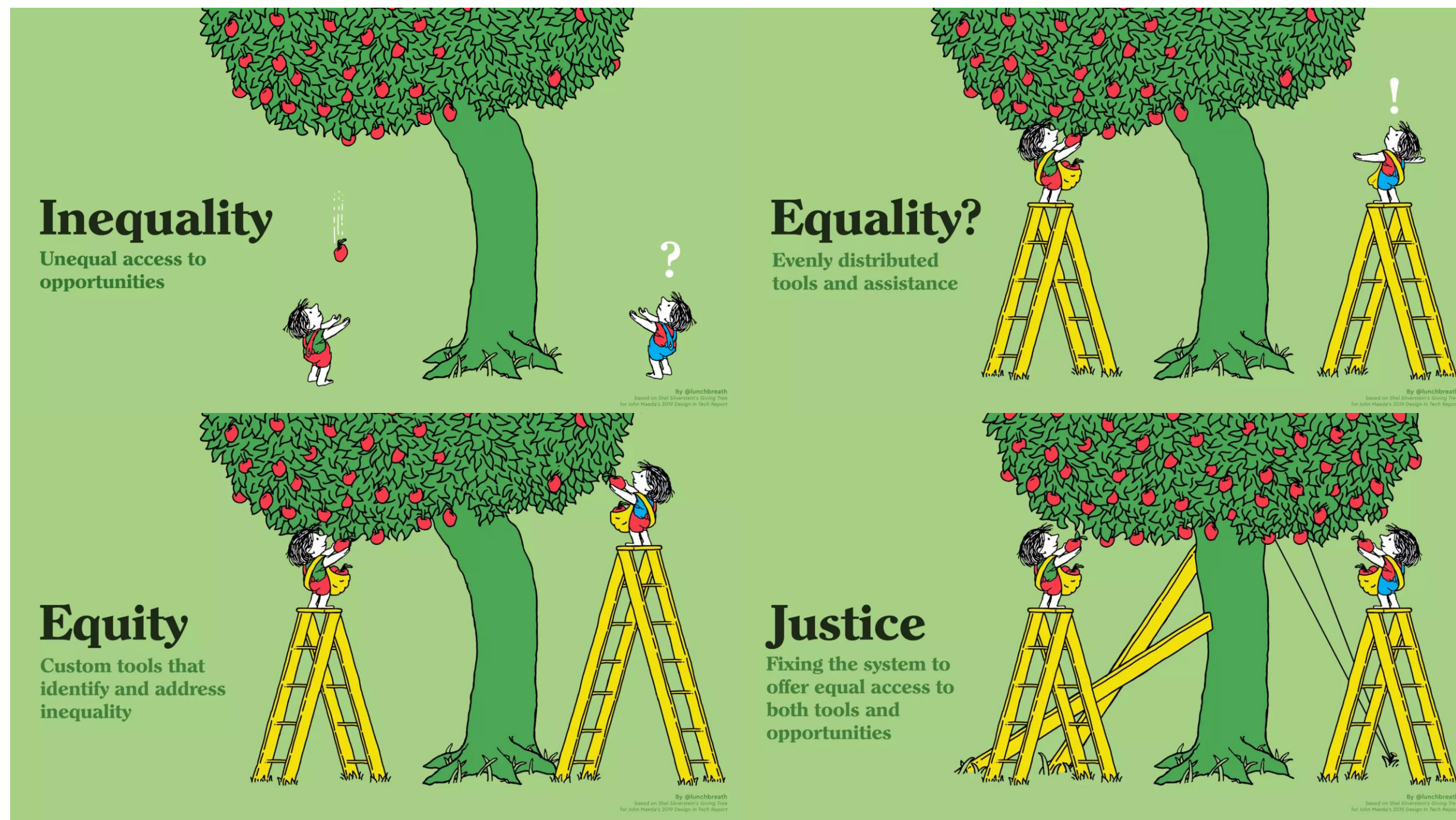
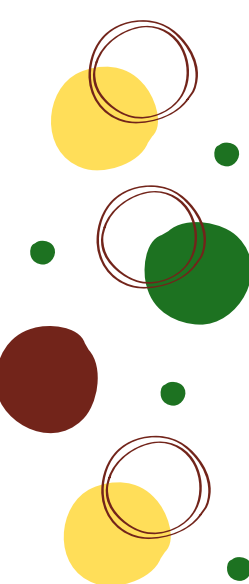
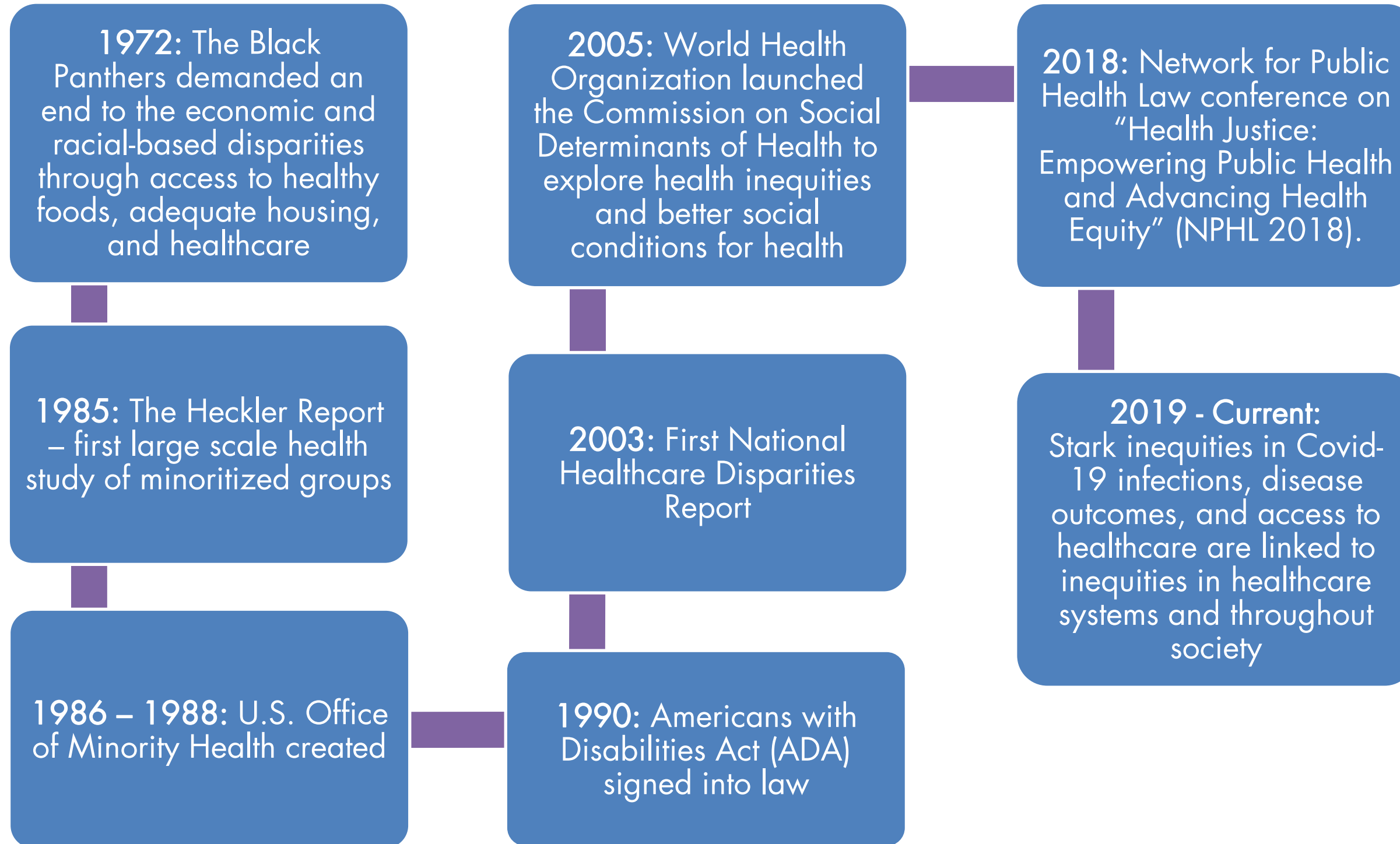


Figure: *Equality, Equity and Justice* by Tony Ruth (2019). Accessed at: <https://www.slideshare.net/slideshow/tony-ruths-equity-series-2019-247618162/247618162>

Historical Context



"...the time is now to shift the research emphasis away from solely documenting the pervasiveness of the health disparities problem and begin focusing on health equity, the highest level of health possible." (Srinivasan 2014)

"Ensure there is action and address the root causes instead of recycling what we already know. Don't perpetuate the hierarchical structures that got us to where we are right now."
– Community Participant



Example: Applying a Health Justice Approach

In the first half of 2020³:

- 37% of Americans (and 48% of people who were uninsured) with medical debt used up all their savings to pay medical bills
- 40% received a lower credit rating because of their medical debt
- 1 in 4 people could not pay for basic necessities such as food, heat, or rent
- People of color, people with low incomes, and young adults were more likely to be uninsured or underinsured

Strategies⁴:

- Use public awareness and engagement campaigns that relate to people's experiences
- Do grassroots organizing to shape solutions and advance change alongside communities most impacted
- Build coalition power by working across movements (e.g., economic justice partners)
- Advance policy changes at the state, federal, and systems levels that address the root causes of healthcare costs



Principles of Health Justice

- A framework for health justice is still emerging.
- Six aspects of a health justice framework¹⁰:
 1. Collaboration across areas of study and work
 2. Upstream interventions that address root causes
 3. Adaptability
 4. Racial justice
 5. Advocacy for systems changes
 6. Community-based strategies





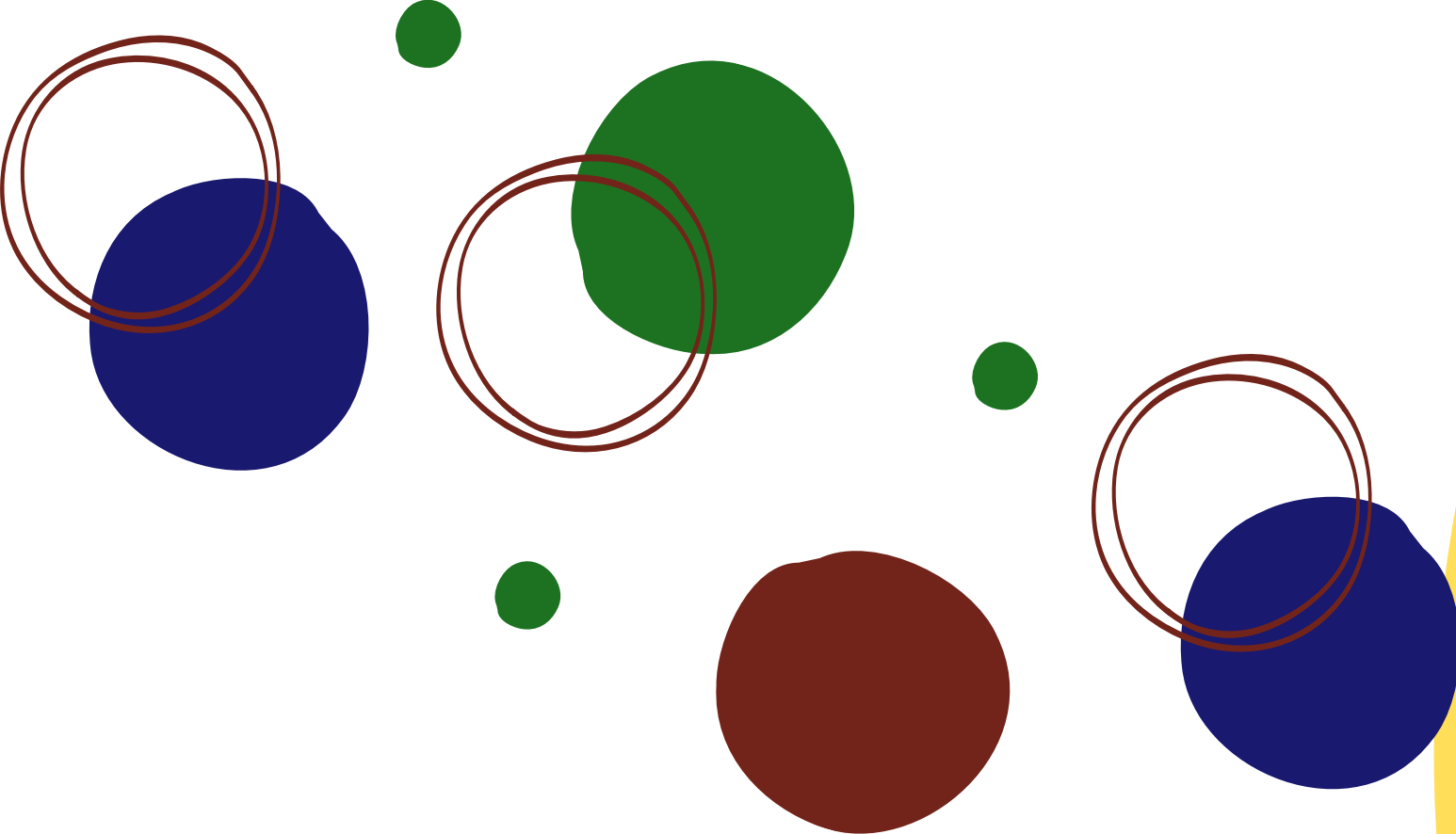
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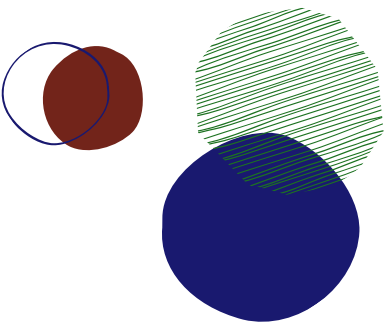
Targeted Universalism

Responding to complex problems together

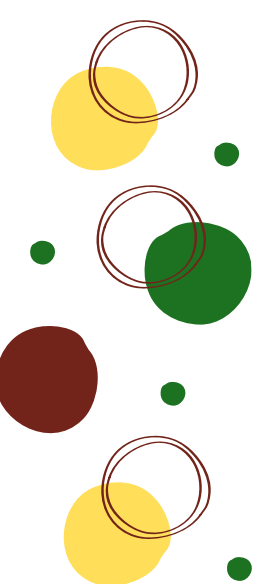
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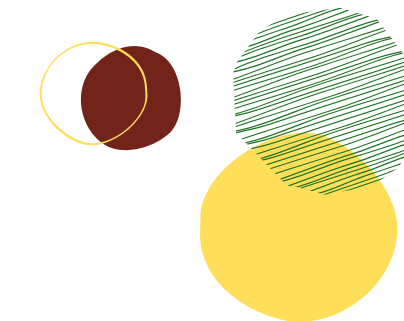
Overview



- What is Targeted Universalism (TU)?
- Strategies from TU
- 5 Steps for TU
- Coalition Building



What is Targeted Universalism (TU)?



Targeted universalism: “setting universal goals pursued by targeted processes to achieve those goals.”



- Avoids seeking parity with the demographic majority and instead uplifts all of us.
- Strategies “are targeted, based upon how different groups are situated within structures, culture, and across geographies to obtain the universal goal.”
- “potential for ingenuity and boldness in policy thinking...that rejects an ‘either-or’ approach.”

Source: Othering & Belonging Institute. “Targeted Universalism.”
<https://belonging.berkeley.edu/targeted-universalism>



What is Targeted Universalism? (continued)

- Outcome-oriented processes that are “in service of the explicit, universal goal.”
- “[R]ejects a single or even a limited number of targeted implementation strategies toward a universal goal.”
- Requires “development of a range of implementation strategies” focused on:
 - Addressing barriers faced by different groups and populations
 - Creating structures that promote the desired outcome for different groups

Source: Othering & Belonging Institute. “Targeted Universalism.” <https://belonging.berkeley.edu/targeted-universalism>



Strategies from Targeted Universalism

- Promotes bridging and interconnectedness
- Everyone sees themselves as part of an aspirational goal
- Dismantle structural barriers
- Co-design new structures for opportunity and thriving
- Accountable to meeting everyone's needs



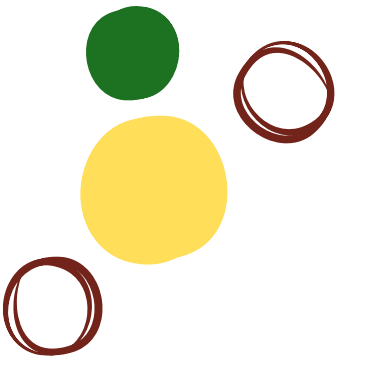


5 Steps for TU

From the [Othering & Belonging Institute](#):

1. Establish a universal goal based upon a broadly shared recognition of a societal problem and collective aspirations.
2. Assess general population performance relative to the universal goal.
3. Identify groups and places that are performing differently with respect to the goal. Groups should be disaggregated.
4. Assess and understand the structures that support or impede each group or community from achieving the universal goal.
5. Develop and implement targeted strategies for each group to reach the universal goal.

Source: Othering & Belonging Institute. "Targeted Universalism." <https://belonging.berkeley.edu/targeted-universalism>



Coalition Building with TU

- Co-creation requires a diverse array of experiences and knowledge
- Coalition building can sustain change and support implementation
- Needs large time and financial investment
- Need to plan for the process itself:
“Key actors, specific individuals, thoughtful timing, and more must be charted from the inception of the effort.”

“Meaningful and influential structural elements for meaningful and influential participation of directly impacted people should be instrumental in developing, implementing, and documenting the function of targeted universalism. This participation should hold great power and decision-making capacity.”

Source: Othering & Belonging Institute. “Building the Table for a Targeted Universal Framework.” <https://belonging.berkeley.edu/building-table-targeted-universal-framework>



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Health Justice

“As a movement, health justice seeks to recognize and build the power of individuals and communities affected by health inequities to create and sustain conditions that support health and justice.”³

What is Health Justice?

1. Framework for health law and policy scholarship

- Names subordination as the root cause of health inequities
- Centers “role of laws, policies, and institutions in creating, perpetuating, and (potentially) dismantling”³ inequities and subordination

2. Movement for power building and transformational change

- Collective ethic of care
- Considers social justice as “a core value of health law and policy”³
- Health care access as one of many social determinants of health (SDOH)

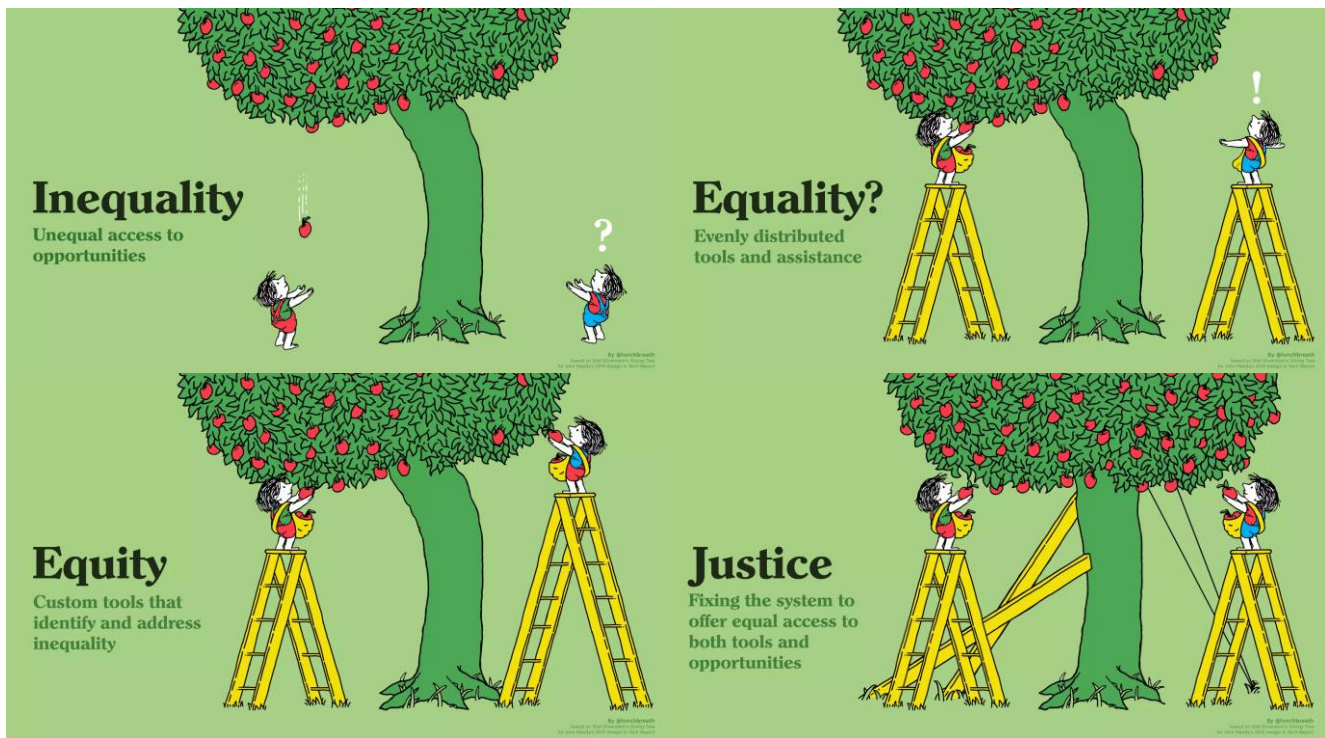


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Targeted Universalism

“As an antidote to systems and institutions that rely on disconnection, love weaves connection that amplifies in orders of magnitude.”¹

What is Targeted Universalism?

- “setting universal goals pursued by targeted processes to achieve those goals.”³
- Avoids seeking parity with the demographic majority and instead uplifts all of us.
- Requires developing and implementing tailored strategies for each group to reach the universal goal.

TU Strategies:

1. Promote bridging and interconnectedness
2. Everyone sees themselves as part of a bigger goal
3. Dismantle structural barriers
4. Co-design new structures for opportunity and thriving
5. Be accountable to meeting everyone’s needs

Coalition Building with TU:

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- Coalition building can sustain change and support implementation
- Needs large time and financial investment
- Need to plan for the process itself: “Key actors, specific individuals, thoughtful timing, and more must be charted from the inception of the effort.”⁴

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