

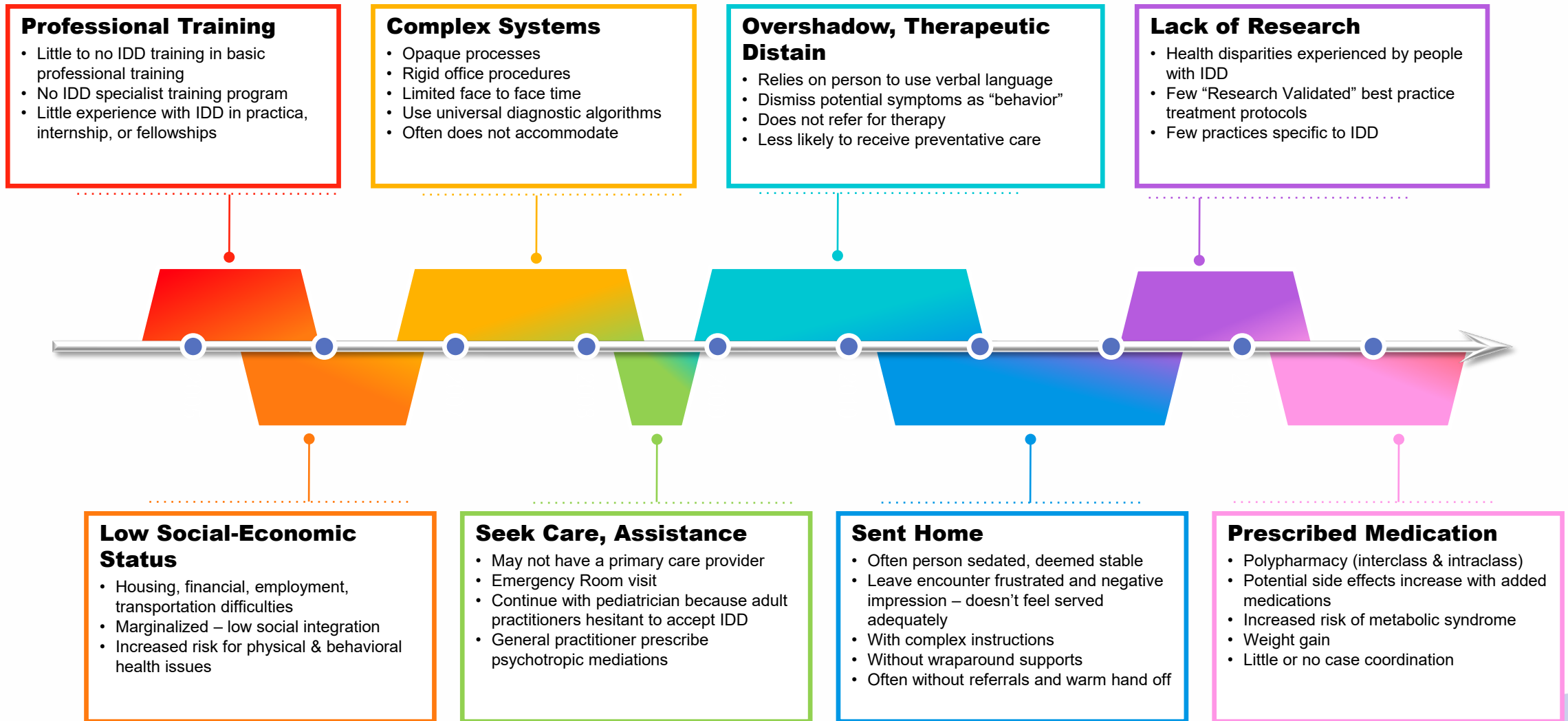
Barriers to Behavioral Health Treatment for People with Intellectual, Developmental Disabilities

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Barriers to Behavioral Health Treatment



Action Items

Network Adequacy

- Recruit providers with experience serving adults and children with IDD
- Recertification requirements highlight special population trainings
- Training institutions incorporate practice and internships with exposure to people with IDD

Plan Coordination

- Create seamlessly connected continuum of care
- Establish care coordination as the standard for individuals with IDD
- Implement social, behavioral supports to stabilize symptoms that do not meet medical necessity

Treatment Adequacy

- Adopt standards of care for IDD
 - Emphasize preventative care
 - Mandate trauma informed approaches
 - Access to subject matter experts for professional case consultation
- Eliminate the requirement for people to be continent to access treatment facilities

System Adequacy

- Reimburse for expanded assessment and education time for clients with IDD
- Audits to include:
 - Office procedures for trauma informed practices
 - Continuing education for specialty populations

Community Experience

- Competent professionals work in the client's community
- Client remains in their home and community
- Client remains connected with existing support systems

Insurance Experience

- Client knows who to call
- Client remains with primary care provider
- Care coordination
 - Brings in specialty care when indicated
 - Refers to community resources for non-medically necessary needs
- Increases communication with all entities

Office Experience

- Client experience
 - Less stress and uncertainty
 - Procedures that involve them as much as possible
 - Care planning that tells them what and why things are happening
 - Ask them before things happen to them

Treatment Experience

- Client experiences
 - Power by directing their care
 - Improve health by learning health promoting prevention strategies
 - Resolution of health issues
 - Full care for on-going conditions
 - Education about the disease
 - Treatment support and monitoring

Transforming Lives

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