## HCA - Behavioral Health Updates

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## Foreword

The information presented today is public data
 Behavioral Health OUTCOMES

- Can not draw conclusion on cause & effect.
  - Outcome data shown today can not be concluded as the effect of lack of behavioral health access alone.
  - Causes = much more complicated than this

# View the Healthier Washington Dashboards live!

- Go to <u>https://www.hca.wa.gov/about-hca/medicaid-</u> <u>transformation-project-mtp/arm-data-dashboards</u>
- Click "View the dashboards"
- Click the "Healthier Washington Measures" tile
- Click the "Measure Explorer & Trend" tile
- Also check out our other dashboards!

## About the Healthier Washington Dashboards

- These metrics include all Managed Care and Fee for Service Medicaid clients
- These are the metrics used for Pay for Performance (P4P) for the Accountable Communities of Health (ACH's) in the Medicaid Transformation Project (MTP)
- The dashboards also include links to documentation including metric technical specifications

## About the Healthier Washington Dashboards

- When viewing the dashboards live, you can view the metrics stratified by demographics for any ACH or county
- Notice we also have 2 ways of displaying race/ethnicity, which you can toggle between using the "Race Type" dropdown at the top
  - Exclusive: each client fits into one category: Any Minority, Non-Hispanic, Unknown
  - Inclusive: each client shows up in every race/ethnicity they have identified as: AI/AN, Asian, Black, Hispanic, NH/PI, Other, Unknown, White

### About the Healthier Washington Dashboards

- Statistical Significance: on the live dashboard, hover over any rate to see the confidence interval. If 2 rates' confidence intervals do not overlap, there is a statistically significant difference in those rates.
  - For example, below we see that for Substance Use Disorder Treatment Penetration, the confidence interval for females is 38-39, while for males it is 40-41. Therefore, the difference is statistically significant.



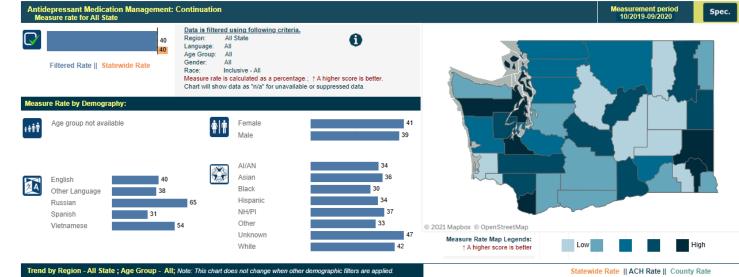
#### **Antidepressant Medication Management: Acute**

Metric description: The percentage of Medicaid beneficiaries 18 years of age and older who were treated with antidepressant medication, had a diagnosis of major depression, and who remained on an antidepressant medication treatment for at least 84 days (12 weeks).

Antidepressant Medication Managem Measure rate for All State	ient: Acute						Measurement perio 10/2019-09/2020	d Sp
		te		<ul><li>↓</li><li>↓</li></ul>				
Measure Rate by Demography:	End of the second s	emale Iale		56 55	- Gist			
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Vietnamese	U	nknown /hite		© 2021 Map	bbox © OpenStreetMap sure Rate Map Legends: ↑ A higher score is better	Low		High
	All: Noto: This short doop a	of change when other dem	ographic filters are appli	ed.		Statewick		
Trend by Region - All State ; Age Group	- All, Note. This chart does n	or change when other dem	lographic niters are appli			Statewide	e Rate    ACH Rate    (	County Rate
	51°	51°	51°	52°	53°	54°	54°	County Rate
II State					53* 53*			-
II State letter Health Together- All Counties	51• 52•	51•	51*	52°		54°	54°	55°
ul State letter Health Together- All Counties Cascade Pacific Action Alliance-All Counties	51• 52•	51°	51° 52°	52° 51°	53*	54° 54°	54° 54°	55°
ul State letter Health Together- All Counties Cascade Pacific Action Alliance-All Counties levate Health-All Counties	51 52 S 54	51° 51° 54°	51° 52° 53°	52* 51* 53*	53° 55°	54° 54° 57°	54° 54° 57°	55* 55* 59*
NI State Better Health Together- All Counties Cascade Pacific Action Alliance-All Counties Elevate Health-All Counties Greater Columbia-All Counties	51° 52° S 54° S0°	51° 51° 54° 50°	51° 52° 53° 51°	52° 51° 53° 53°	53° 55° 54°	54° 54° 57° 53°	54° 54° 57° 55°	55° 55° 59° 56°
All State Better Health Together- All Counties Cascade Pacific Action Alliance-All Counties Elevate Health-All Counties Greater Columbia-All Counties HealthierHere-All Counties	51° 52° 54° 50° 51°	51* 51* 54* 50* 51*	51° 52° 53° 51° 51°	52* 51* 53* 53* 53*	53° 55° 54° 53°	54° 54° 57° 53° 54°	54° 54° 57° 55° 55°	55° 55° 59° 56° 56°
All State Better Health Together- All Counties Cascade Pacific Action Alliance-All Counties Elevate Health-All Counties Greater Columbia-All Counties HealthierHere-All Counties North Central-All Counties	51* 52* 54* 50* 51*	51* 51* 54* 50* 51* 50*	51° 52° 53° 51° 51°	52* 51* 53* 53* 53*	53° 55° 54° 53° 53°	54° 54° 57° 53° 54° 51°	54° 54° 57° 55° 55° 52°	55° 55° 59° 56° 56° 52°
All State Better Health Together- All Counties Cascade Pacific Action Alliance-All Counties Elevate Health-All Counties Greater Columbia-All Counties 4ealthierHere-All Counties 4orth Central-All Counties 4orth Sound-All Counties	51* 52* 54* 50* 51* 50* 43*	51* 51* 54* 50* 51* 50* 43*	51* 52* 53* 51* 51* 50* 43*	52° 51° 53° 53° 51° 51° 48°	53° 55° 54° 53° 51° 50°	54* 54* 57* 53* 54* 51* 50*	54° 54° 57° 55° 55° 52° 52°	55° 55° 59° 56° 56° 52° 53°
Trend by Region - All State ; Age Group All State Better Health Together- All Counties Cascade Pacific Action Alliance-All Counties Elevate Health-All Counties Greater Columbia-All Counties HealthierHere-All Counties North Central-All Counties North Sound-All Counties Dlympic Community of Health-All Counties SWACH-All Counties	51* 52* 54* 50* 51* 50* 43* 51*	51* 51* 54* 50* 51* 50* 43* 53*	51* 52* 53* 51* 51* 50* 43* 53*	52* 51* 53* 53* 51* 51* 48* 52*	53° 55° 54° 53° 51° 50° 54°	54* 54* 57* 53* 54* 51* 50* 55*	54* 54* 57* 55* 55* 52* 53* 53*	55° 55° 59° 56° 56° 52° 53°

#### **Antidepressant Medication Management: Continuation**

Metric description: The percentage of Medicaid beneficiaries 18 years of age and older who were treated with antidepressant medication, had a diagnosis of major depression, and who remained on an antidepressant medication treatment for at least 180 days (6 months).



Trend by Region - All State ; Age Group - All;	d.	Statewide Rate    ACH Rate    County R						
All State	36•	36•	36•	37•	38•	38•	39*	40°
Better Health Together- All Counties	36•	36•	36•	36*	38*	39°	39°	40°
Cascade Pacific Action Alliance-All Counties	38•	38*	37*	38*	40°	40°	41°	42°
Elevate Health-All Counties	35•	35*	36+	37•	40°	38*	39°	40°
Greater Columbia-All Counties	34.	35.	35.	35.	37•	38*	39*	39°
HealthierHere-All Counties	36•	37•	36+	37*	37*	38*	37*	38•
North Central-All Counties	29.	29.	30.	33.	34.	34•	35=	37•
North Sound-All Counties	38•	38*	38*	38*	39*	39°	40°	40°
Olympic Community of Health-All Counties	35•	35•	37*	39°	40°	41°	42*	42°
SWACH-All Counties	41°	40°	41°	41°	42°	43 <sup>®</sup>	42 <sup>*</sup>	44"
	01/2018-12/2018	04/2018-03/2019	07/2018-06/2019	10/2018-09/2019	01/2019-12/2019	04/2019-03/2020	07/2019-06/2020	10/2019-09/2020

#### **Mental Health Treatment Penetration**

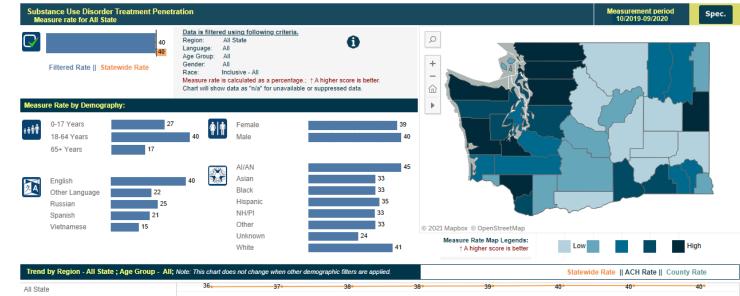
Mental Health Treatment Penetration Measure rate for All State Measurement period Spec. 10/2019-09/2020 Data is filtered using following criteria. 0 Region: All State 55 Language: All Age Group: All Gender: All Filtered Rate || Statewide Rate Race: Inclusive - All Chart will show data as "n/a" for unavailable or suppressed data. Measure Rate by Demography: **\***|† 0-17 Years Female ÷÷ŤŤ 18-64 Years Male 51 65+ Years 35 AI/AN 53 <u>)%</u> 7.50 Asian English Black 53 Other Language 49 53 Hispanic Russian 35 NH/PI 50 Spanish Other 52 Vietnamese © 2021 Mapbox © OpenStreetMap Unknown 53 Measure Rate Map Legends: Low High White ↑ A higher score is better

Trend by Region - All State ; Age Group - All; Note: This chart does not change when other demographic filters are applied.					Statewide Rate    ACH Rate    County Rat				
All State	55	56°	56°	56°	56 <sup>*</sup>	56 <sup>*</sup>	55°	55°	
Better Health Together- All Counties	57*	58*	58°	58°	59*	59*	58°	57°	
Cascade Pacific Action Alliance-All Counties	56°	57°	57°	58°	58°	59*	58*	57°	
Elevate Health-All Counties	52•	53°	53°	54°	54 <sup>®</sup>	54*	52*	<del>51°</del>	
Greater Columbia-All Counties	55*	55°	55°	55°	55°	56°	55°	54°	
HealthierHere-All Counties	55°	55°	55°	54°	54*	54*	53°	53°	
North Central-All Counties	55°	57°	57°	57°	57°	56°	53°	<del>51°</del>	
North Sound-All Counties	55°	56°	56°	56°	56°	56°	55*	54°	
Olympic Community of Health-All Counties	57*	57*	58°	59°	59°	60*	58°	57°	
SWACH-All Counties	54 <b>°</b>	54 <sup>e</sup>	54°	55°	55*	56°	55*	55°	
	01/2018-12/2018	04/2018-03/2019	07/2018-06/2019	10/2018-09/2019	01/2019-12/2019	04/2019-03/2020	07/2019-06/2020	10/2019-09/2020	

Metric description: The percentage of Medicaid beneficiaries, 6 years of age and older, with a mental health service need identified within the past two years, who received at least one qualifying service during the measurement year.

#### **Substance Use Disorder Treatment Penetration**

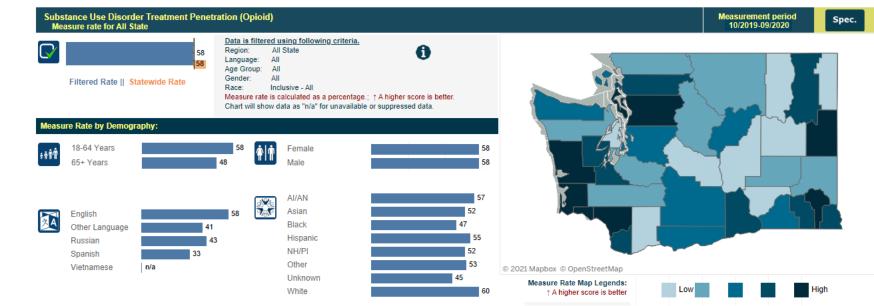
Metric description: The percentage of Medicaid beneficiaries, 12 years of age and older, with a substance use disorder treatment need identified within the past two years, who received at least one qualifying substance use disorder treatment during the measurement year.



nend by Region - An state, Age of oup - An, Note. This than uses not change when ourer demographic inters are appred.						Statewide Rate    ACH Rate    County Rate			
All State	36	37•	38•	38*	<del>39°</del>	40°	40°	40°	
Better Health Together- All Counties	33.	35.	37•	38*	40*	41°	41°	41°	
Cascade Pacific Action Alliance-All Counties	38•	39*	40*	40*	40*	43°	42°	42°	
Elevate Health-All Counties	30.	33.	34.	35.	37+	38*	37*	36•	
Greater Columbia-All Counties	32.	33.	34.	34.	34.	34.	34.	34.	
HealthierHere-All Counties	35.	36.	37.	37*	37*	39*	38•	38•	
North Central-All Counties	27.	28.	29.	30.	31.	32.	31.		
North Sound-All Counties	42*	42°	43°	44 <sup>*</sup>	45°	46*	45 <sup>®</sup>	45°	
Olympic Community of Health-All Counties	38•	39*	38*	38*	38*	39*	40*	40°	
SWACH-All Counties	39•	39•	39*	39*	39*	39•	38•	38•	
	01/2018-12/2018	04/2018-03/2019	07/2018-06/2019	10/2018-09/2019	01/2019-12/2019	04/2019-03/2020	07/2019-06/2020	10/2019-09/2020	

#### Substance Use Disorder Treatment Penetration (Opioid)

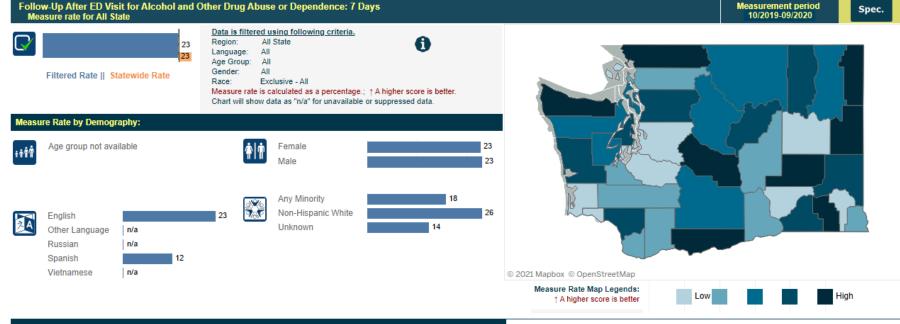
Metric description: The percentage of Medicaid beneficiaries, 18 years of age and older, with an opioid used disorder treatment need identified within the past two years, who received medication for an opioid use disorder (MOUD) during the measurement year.



Trend by Region - All State ; Age Group - All	1.	Statewide Rate    ACH Rate						
All State	50.	52•	53	55	56°	58°	58°	58°
Better Health Together- All Counties	50 <b>.</b>	54°	55*	57*	58°	60°	60*	61 <sup>•</sup>
Cascade Pacific Action Alliance-All Counties	51•	54*	56*	58*	59°	60°	61 <sup>*</sup>	61°
Elevate Health-All Counties	45.	47.	48=	49.	50 <sub>°</sub>	52*	53°	54*
Greater Columbia-All Counties	41.	43.	48.	50.e	52*	54*	55*	56*
HealthierHere-All Counties	53•	54*	54*	55*	56*	57*	57*	57°
North Central-All Counties	42.	45.	48=	49.	51=	52*	53*	53•
North Sound-All Counties	55•	57*	59°	60 <sup>+</sup>	62*	64*	63 <sup>®</sup>	62°
Olympic Community of Health-All Counties	41.	44.	44=	45.	46.	48.	50.	50 <b>.</b>
SWACH-All Counties	49.	51=	53•	55*	56*	58°	59°	58°
	01/2018-12/2018	04/2018-03/2019	07/2018-06/2019	10/2018-09/2019	01/2019-12/2019	04/2019-03/2020	07/2019-06/2020	10/2019-09/20

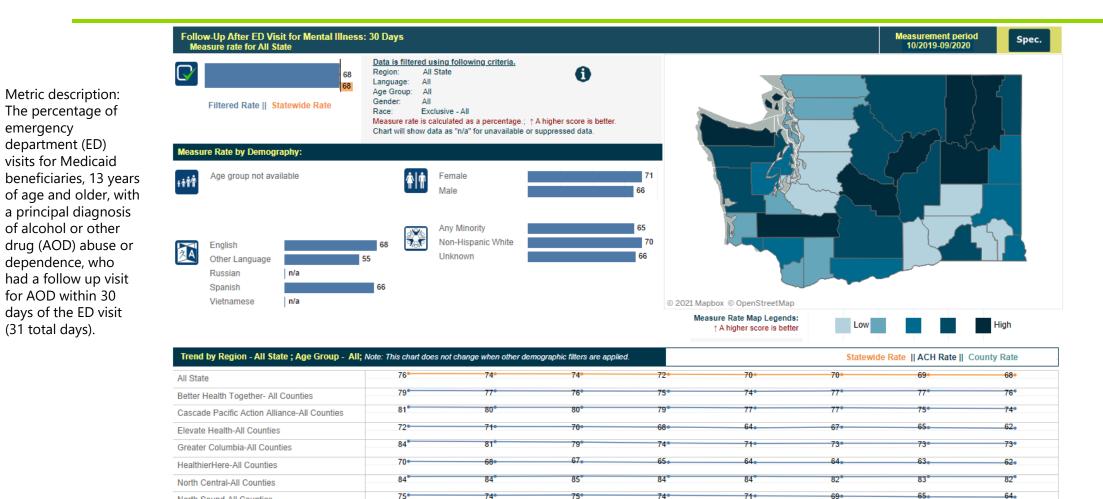
## Follow-Up After ED Visit for Alcohol and Other Drug Abuse or Dependence: 7 Days

Metric description: The percentage of emergency department (ED) visits for Medicaid beneficiaries, 13 years of age and older, with a principal diagnosis of alcohol or other drug (AOD) abuse or dependence, who had a follow up visit for AOD within 7 days of the ED visit (8 total days).



Trend by Region - All State ; Age Group - All	<b>d</b> .	Statewide Rate    ACH Rate    C						
All State	16.	16.	17.	19.	21.	22.	23.	23.
Better Health Together- All Counties	15.	19.	25	30.	36°	38°	39°	40*
Cascade Pacific Action Alliance-All Counties	12.	12.	12.	13.	15.	18.	20.	22.
Elevate Health-All Counties	13.	13 <del>.</del>	13°	14.	18•	18.	19.	18.
Greater Columbia-All Counties	16	18.	19•	20.	22*	21.	21.	23.
HealthierHere-All Counties	14-	13.	13.	14•	13.	14.	13.	13.
North Central-All Counties	17.	18.	20.	22.	23.	23.	22.	24.
North Sound-All Counties	18.	16.	16.	19•	22.	25.	27.	27.
Olympic Community of Health-All Counties	17.	16=	18.	19•	21.	24.	25.	
SWACH-All Counties	28.	27.	22.	19.	19.	21.	21.	-20.
	01/2018-12/2018	04/2018-03/2019	07/2018-06/2019	10/2018-09/2019	01/2019-12/2019	04/2019-03/2020	07/2019-06/2020	10/2019-09/2020

#### Follow-Up After ED Visit for Alcohol and Other Drug Abuse or **Dependence: 30 Days**



emergency

North Sound-All Counties

SWACH-All Counties

Olympic Community of Health-All Counties

79°

73. 01/2018-12/2018 04/2018-03/2019 07/2018-06/2019 10/2018-09/2019 01/2019-12/2019 04/2019-03/2020

07/2019-06/2020 10/2019-09/2020

77°

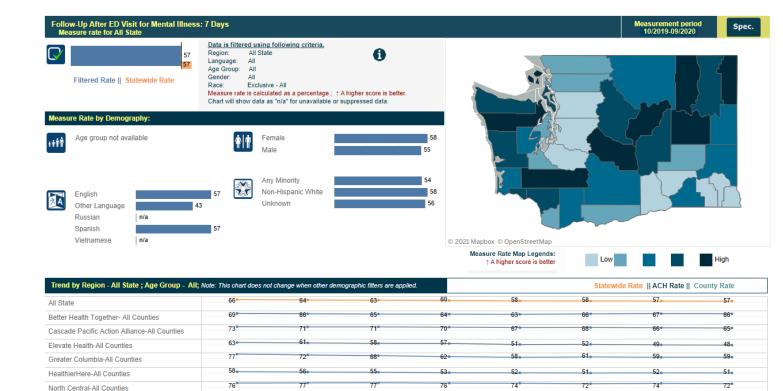
65.

## Follow-Up After ED Visit for Mental Illness: 7 Days

Metric description: The percentage of emergency department (ED) visits for eligible Medicaid beneficiaries 6 years of age and older with a principal diagnosis of mental illness or intentional self harm, who had a follow-up visit for mental illness within 7 days of the ED visit (8 total days).

North Sound-All Counties

SWACH-All Counties

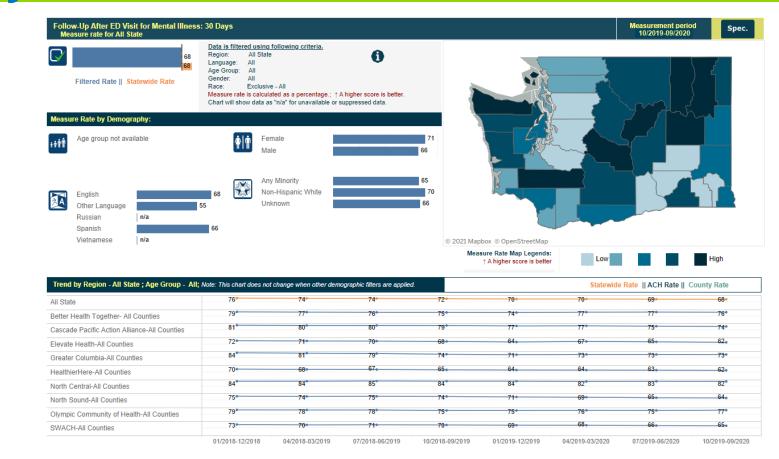


53. 65° Olympic Community of Health-All Counties 52

01/2018-12/2018 04/2018-03/2019 07/2018-06/2019 10/2018-09/2019 01/2019-12/2019 04/2019-03/2020 07/2019-06/2020 10/2019-09/2020

# Follow-Up After ED Visit for Mental Illness: 30 Days

Metric description: The percentage of emergency department (ED) visits for eligible Medicaid beneficiaries 6 years of age and older with a principal diagnosis of mental illness or intentional self harm, who had a follow-up visit for mental illness within 30 days of the ED visit (31 total days).



## Conclusion

- In general, WA State does better in all their numbers in 2020, compared to 2018
  - The only exception is the ER follow ups
- White and English speakers have better numbers in most metrics, compared to POCs and non-English speakers
- Women have higher percentage of treatments than men for every metrics, except for substance use disorders
- NOTE: The data presented here should be taken as it is
  - Cannot draw cause/effect conclusions in regards to access until further studied (food, housing, transportation, childcare, education etc. are all contributors to access barriers)

## **HCA's Effort to Improve Access**

- Front & center of our work
- Initiatives to push for better access & treatments, including:
  - WISe (Wraparound with Intensive Services) for children, youth and their families who have mental health illnesses.
- Workforce crisis nationally
  - Not enough behavioral health providers
  - Low reimbursements for care
- Behavioral health integration

## Contact

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