

HCA - Behavioral Health Updates

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Foreword

- ▶ The information presented today is public data
 - ▶ Behavioral Health OUTCOMES
- ▶ Can not draw conclusion on cause & effect.
 - ▶ Outcome data shown today can not be concluded as the effect of lack of behavioral health access alone.
 - ▶ Causes = much more complicated than this

View the Healthier Washington Dashboards live!

- ▶ Go to <https://www.hca.wa.gov/about-hca/medicaid-transformation-project-mtp/arm-data-dashboards>
- ▶ Click “View the dashboards”
- ▶ Click the “Healthier Washington Measures” tile
- ▶ Click the “Measure Explorer & Trend” tile
- ▶ Also check out our other dashboards!

About the Healthier Washington Dashboards

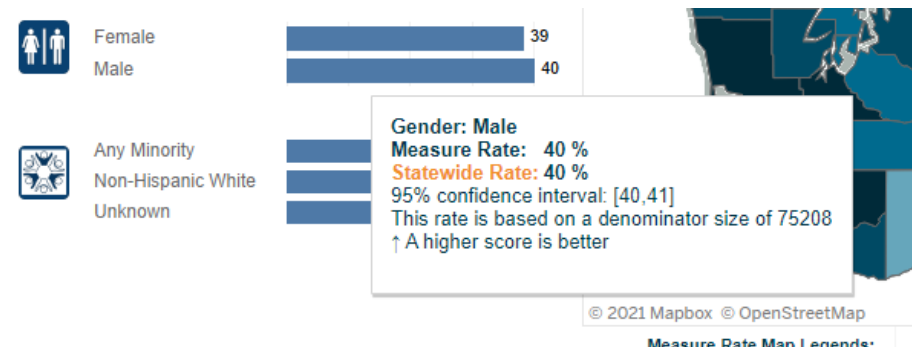
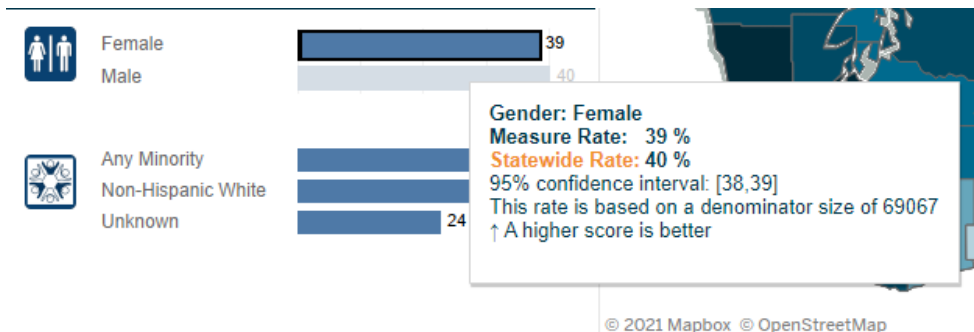
- ▶ These metrics include all Managed Care and Fee for Service Medicaid clients
- ▶ These are the metrics used for Pay for Performance (P4P) for the Accountable Communities of Health (ACH's) in the Medicaid Transformation Project (MTP)
- ▶ The dashboards also include links to documentation including metric technical specifications

About the Healthier Washington Dashboards

- ▶ When viewing the dashboards live, you can view the metrics stratified by demographics for any ACH or county
- ▶ Notice we also have 2 ways of displaying race/ethnicity, which you can toggle between using the "Race Type" dropdown at the top
 - ▶ Exclusive: each client fits into one category: Any Minority, Non-Hispanic, Unknown
 - ▶ Inclusive: each client shows up in every race/ethnicity they have identified as: AI/AN, Asian, Black, Hispanic, NH/PI, Other, Unknown, White

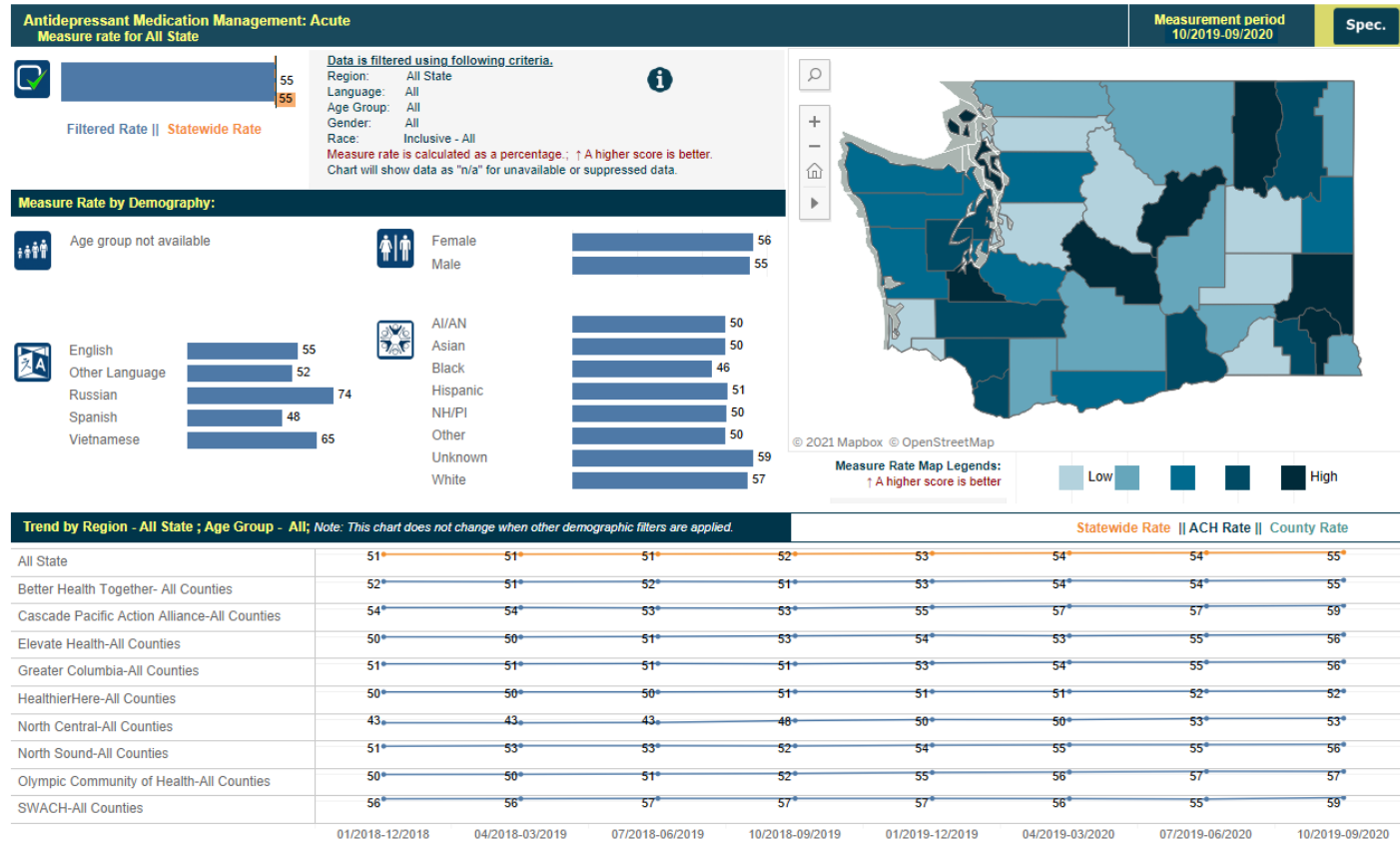
About the Healthier Washington Dashboards

- ▶ **Statistical Significance:** on the live dashboard, hover over any rate to see the confidence interval. If 2 rates' confidence intervals do not overlap, there is a statistically significant difference in those rates.
 - ▶ For example, below we see that for Substance Use Disorder Treatment Penetration, the confidence interval for females is 38-39, while for males it is 40-41. Therefore, the difference is statistically significant.



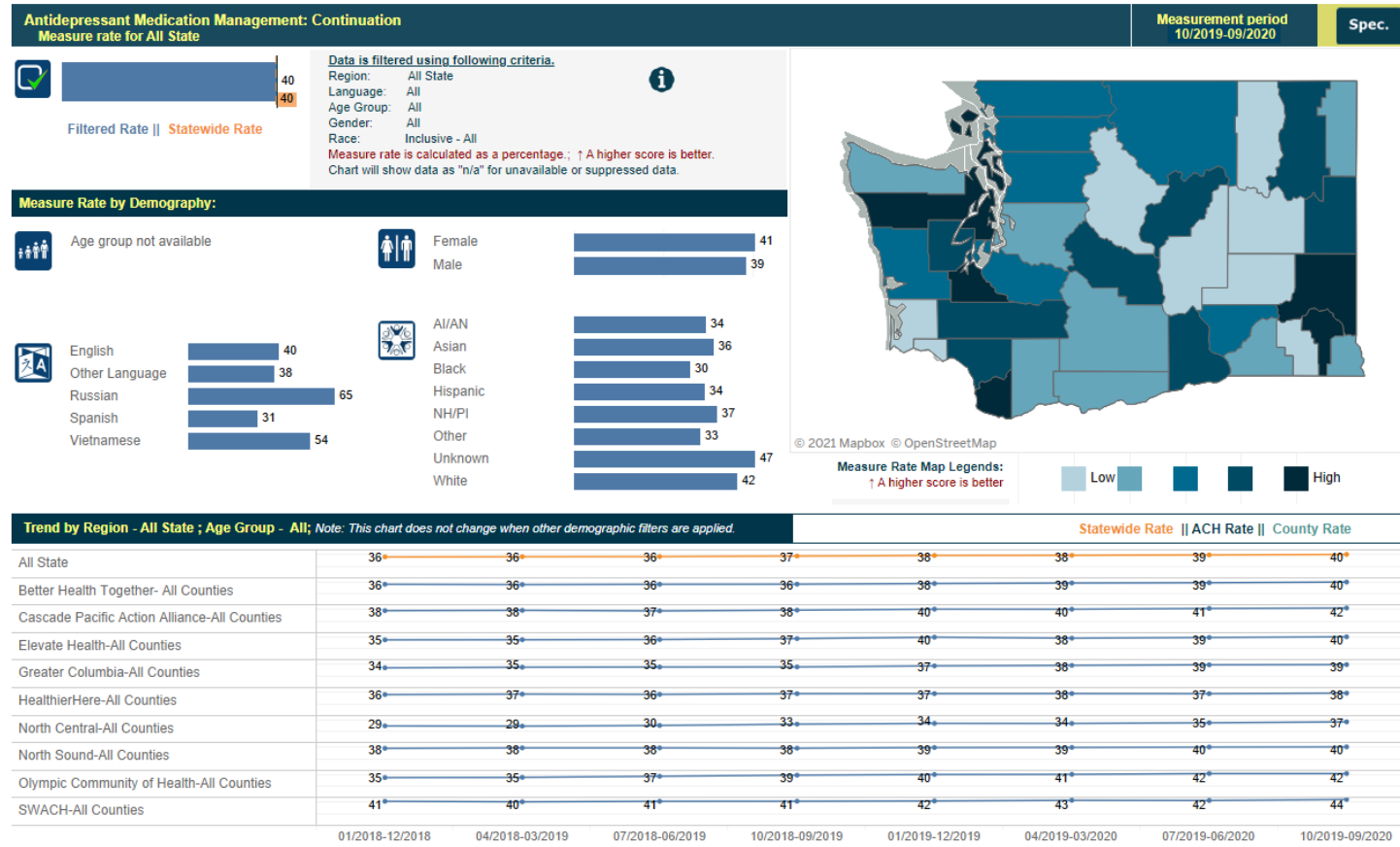
Antidepressant Medication Management: Acute

Metric description:
The percentage of Medicaid beneficiaries 18 years of age and older who were treated with antidepressant medication, had a diagnosis of major depression, and who remained on an antidepressant medication treatment for at least 84 days (12 weeks).



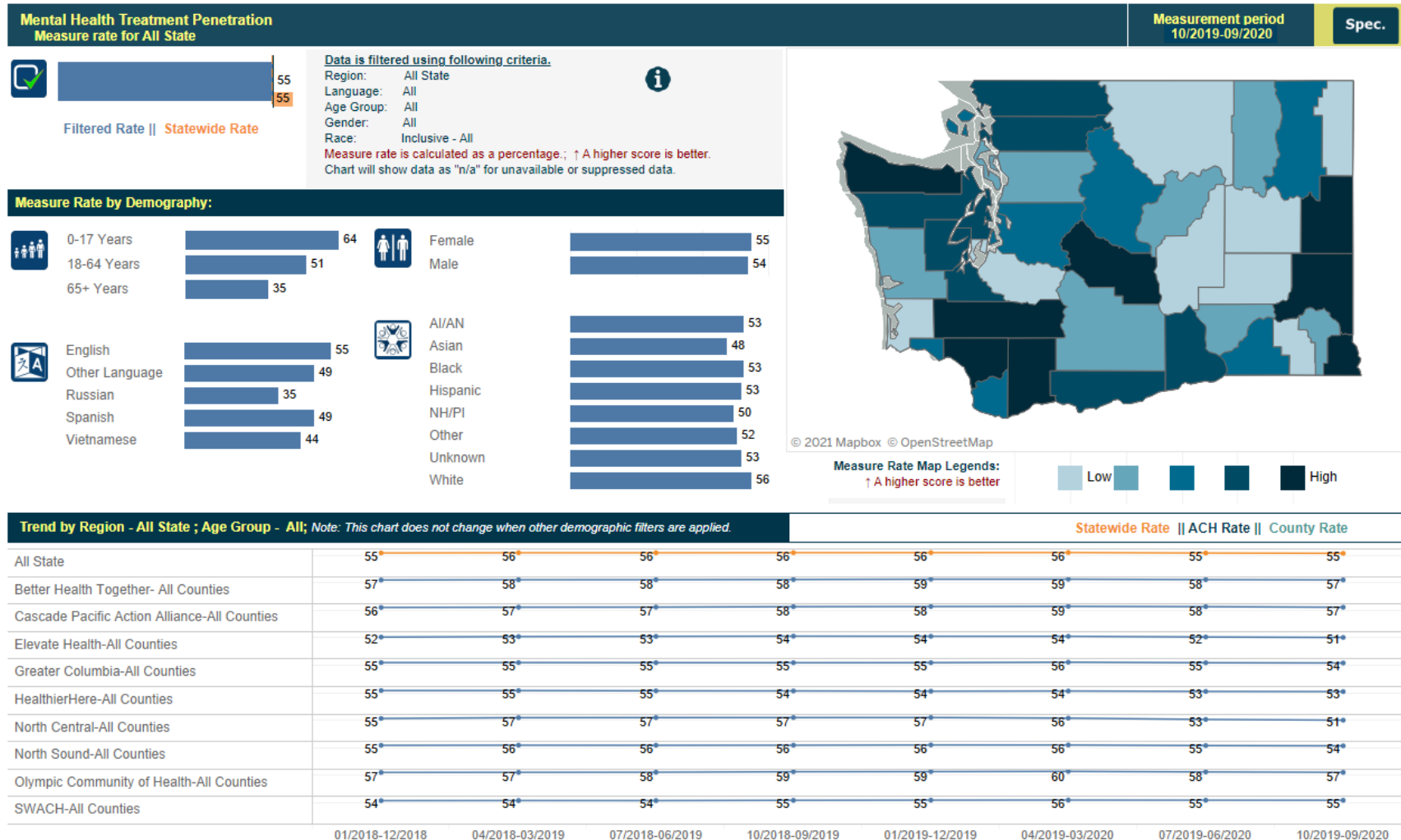
Antidepressant Medication Management: Continuation

Metric description:
The percentage of Medicaid beneficiaries 18 years of age and older who were treated with antidepressant medication, had a diagnosis of major depression, and who remained on an antidepressant medication treatment for at least 180 days (6 months).



Mental Health Treatment Penetration

Metric description:
The percentage of Medicaid beneficiaries, 6 years of age and older, with a mental health service need identified within the past two years, who received at least one qualifying service during the measurement year.



Measure Rate by Demography:

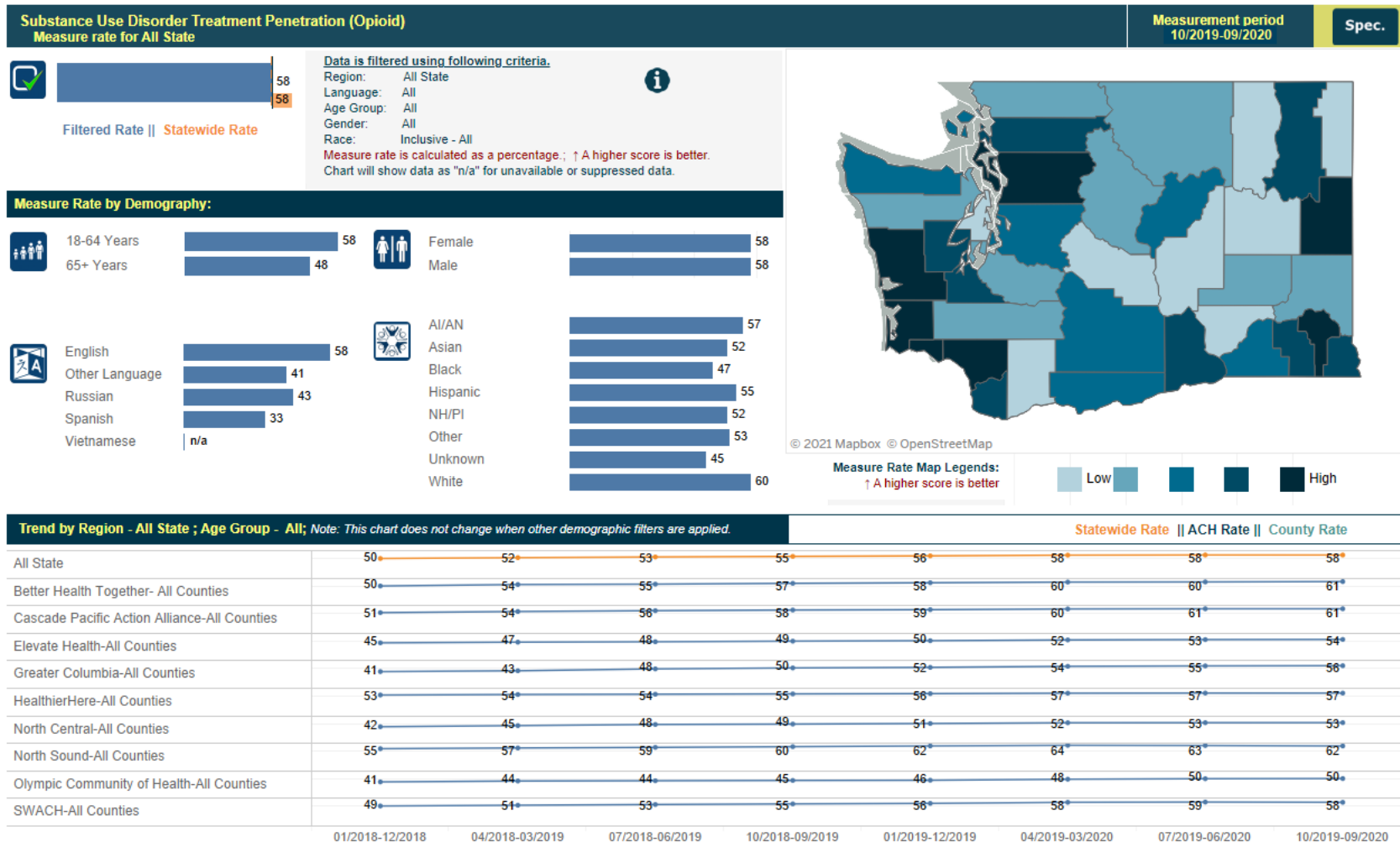
0-17 Years: 64	Female: 55
18-64 Years: 51	Male: 54
65+ Years: 35	
English: 55	AI/AN: 53
Other Language: 49	Asian: 48
Russian: 35	Black: 53
Spanish: 49	Hispanic: 50
Vietnamese: 44	NH/PI: 52
	Other: 53
	Unknown: 53
	White: 56

Trend by Region - All State ; Age Group - All; Note: This chart does not change when other demographic filters are applied.

	01/2018-12/2018	04/2018-03/2019	07/2018-06/2019	10/2018-09/2019	01/2019-12/2019	04/2019-03/2020	07/2019-06/2020	10/2019-09/2020
All State	55	56	56	56	56	56	55	55
Better Health Together- All Counties	57	58	58	58	59	59	58	57
Cascade Pacific Action Alliance-All Counties	56	57	57	58	58	59	58	57
Elevate Health-All Counties	52	53	53	54	54	54	52	51
Greater Columbia-All Counties	55	55	55	55	55	56	55	54
HealthierHere-All Counties	55	55	55	54	54	54	53	53
North Central-All Counties	55	57	57	57	57	56	53	51
North Sound-All Counties	55	56	56	56	56	56	55	54
Olympic Community of Health-All Counties	57	57	58	59	59	60	58	57
SWACH-All Counties	54	54	54	55	55	56	55	55

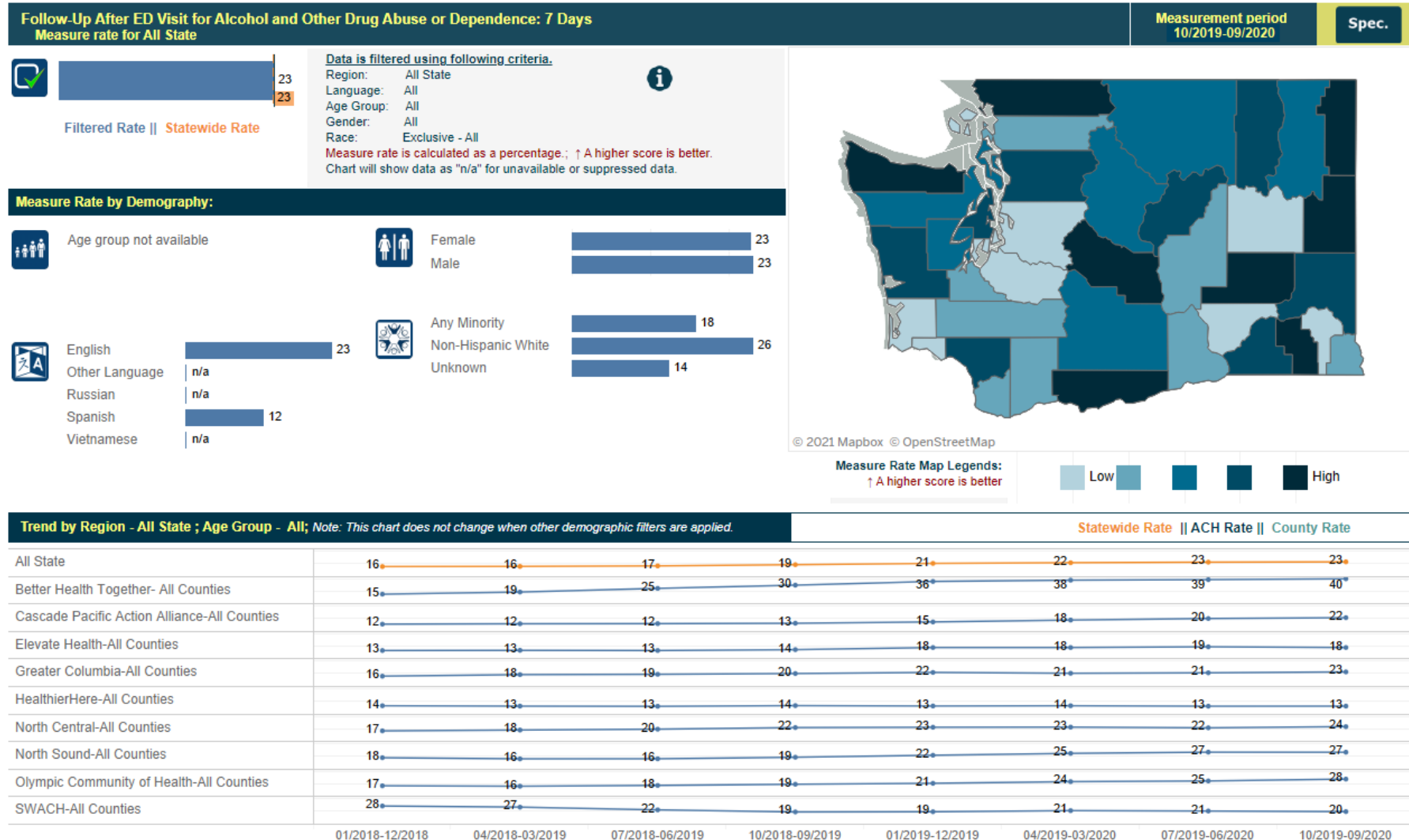
Substance Use Disorder Treatment Penetration (Opioid)

Metric description:
The percentage of Medicaid beneficiaries, 18 years of age and older, with an opioid used disorder treatment need identified within the past two years, who received medication for an opioid use disorder (MOUD) during the measurement year.



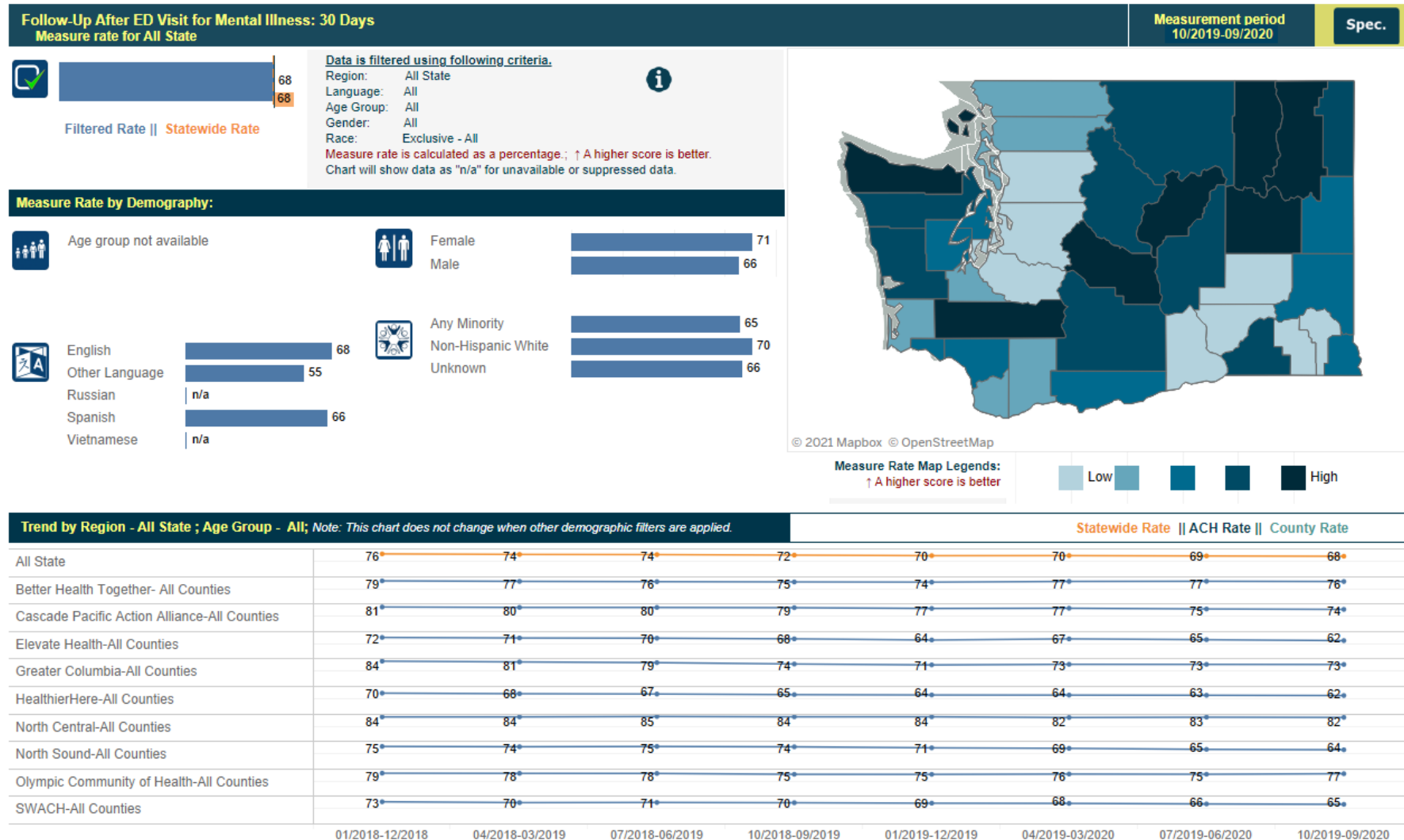
Follow-Up After ED Visit for Alcohol and Other Drug Abuse or Dependence: 7 Days

Metric description:
The percentage of emergency department (ED) visits for Medicaid beneficiaries, 13 years of age and older, with a principal diagnosis of alcohol or other drug (AOD) abuse or dependence, who had a follow up visit for AOD within 7 days of the ED visit (8 total days).



Follow-Up After ED Visit for Alcohol and Other Drug Abuse or Dependence: 30 Days

Metric description:
The percentage of emergency department (ED) visits for Medicaid beneficiaries, 13 years of age and older, with a principal diagnosis of alcohol or other drug (AOD) abuse or dependence, who had a follow up visit for AOD within 30 days of the ED visit (31 total days).



Measure Rate by Demography:

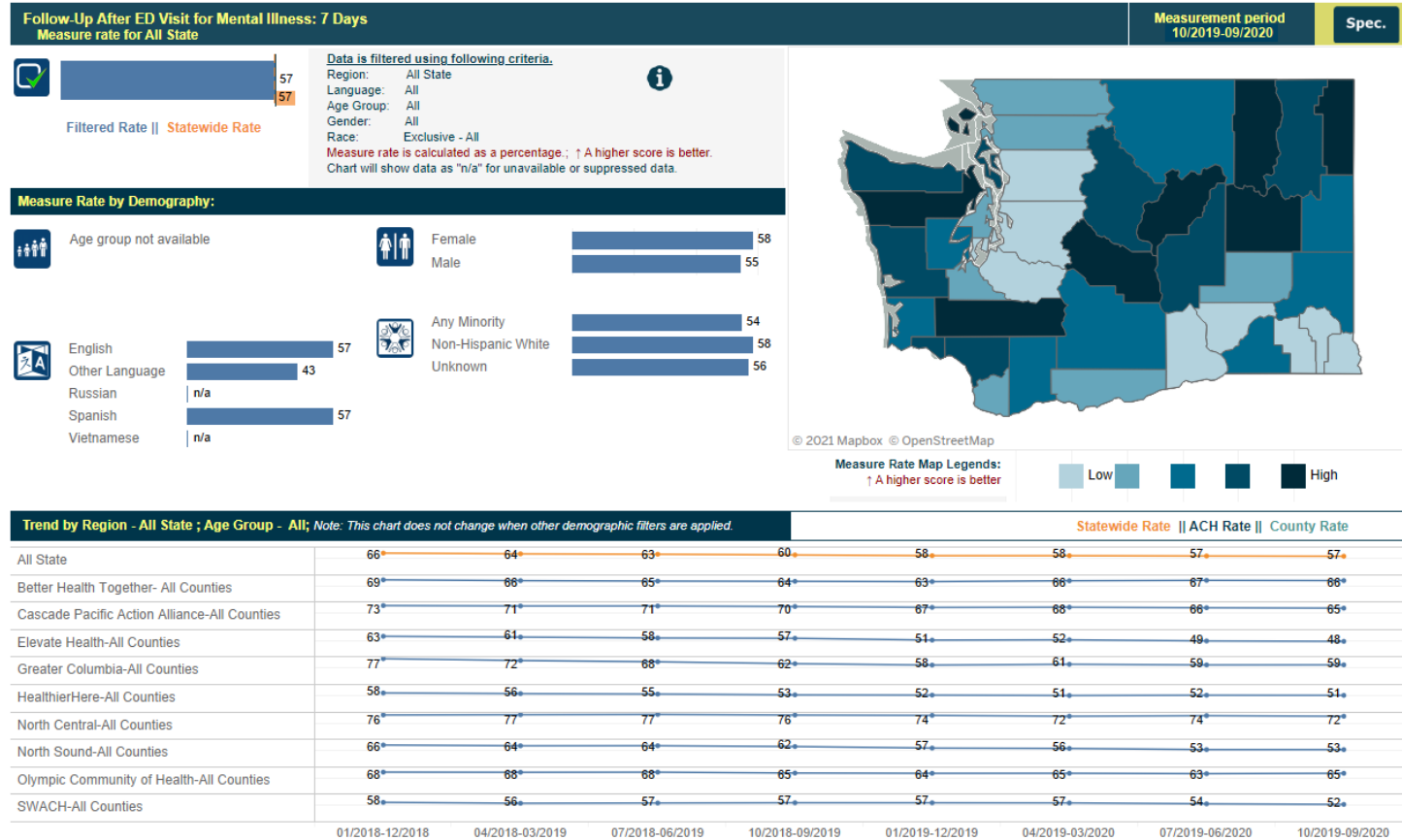
Age group not available	Female	71
	Male	66
English	Any Minority	65
Other Language	Non-Hispanic White	70
Russian	Unknown	66
Spanish		
Vietnamese		

Trend by Region - All State ; Age Group - All; Note: This chart does not change when other demographic filters are applied.

	01/2018-12/2018	04/2018-03/2019	07/2018-06/2019	10/2018-09/2019	01/2019-12/2019	04/2019-03/2020	07/2019-06/2020	10/2019-09/2020
All State	76	74	74	72	70	70	69	68
Better Health Together- All Counties	79	77	76	75	74	77	77	76
Cascade Pacific Action Alliance-All Counties	81	80	80	79	77	77	75	74
Elevate Health-All Counties	72	71	70	68	64	67	65	62
Greater Columbia-All Counties	84	81	79	74	71	73	73	73
HealthierHere-All Counties	70	68	67	65	64	64	63	62
North Central-All Counties	84	84	85	84	84	82	83	82
North Sound-All Counties	75	74	75	74	71	69	65	64
Olympic Community of Health-All Counties	79	78	78	75	75	76	75	77
SWACH-All Counties	73	70	71	70	69	68	66	65

Follow-Up After ED Visit for Mental Illness: 7 Days

Metric description: The percentage of emergency department (ED) visits for eligible Medicaid beneficiaries 6 years of age and older with a principal diagnosis of mental illness or intentional self harm, who had a follow-up visit for mental illness within 7 days of the ED visit (8 total days).



Measure Rate by Demography:

Age group not available

English: 57
Other Language: 43
Russian: n/a
Spanish: 57
Vietnamese: n/a

Female: 58
Male: 55

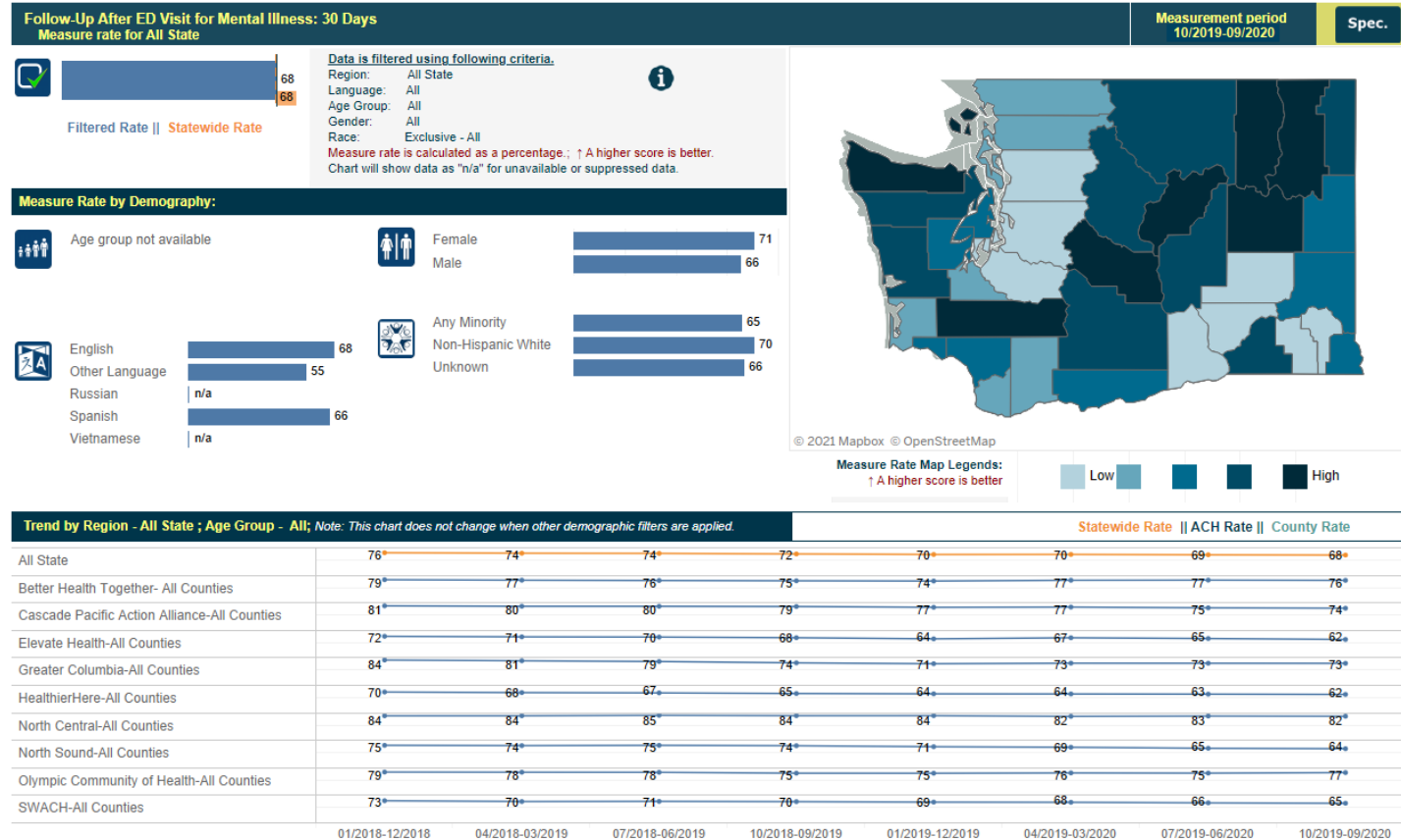
Any Minority: 54
Non-Hispanic White: 58
Unknown: 56

Trend by Region - All State ; Age Group - All; Note: This chart does not change when other demographic filters are applied.

	Statewide Rate ACH Rate County Rate							
All State	66	64	63	60	58	58	57	57
Better Health Together- All Counties	69	68	65	64	63	66	67	66
Cascade Pacific Action Alliance-All Counties	73	71	71	70	67	68	66	65
Elevate Health-All Counties	63	61	58	57	51	52	49	48
Greater Columbia-All Counties	77	72	68	62	58	61	59	59
HealthierHere-All Counties	58	56	55	53	52	51	52	51
North Central-All Counties	76	77	77	76	74	72	74	72
North Sound-All Counties	66	64	64	62	57	56	53	53
Olympic Community of Health-All Counties	68	68	68	65	64	65	63	65
SWACH-All Counties	58	56	57	57	57	57	54	52

Follow-Up After ED Visit for Mental Illness: 30 Days

Metric description: The percentage of emergency department (ED) visits for eligible Medicaid beneficiaries 6 years of age and older with a principal diagnosis of mental illness or intentional self harm, who had a follow-up visit for mental illness within 30 days of the ED visit (31 total days).



Conclusion

- ▶ In general, WA State does better in all their numbers in 2020, compared to 2018
 - ▶ The only exception is the ER follow ups
- ▶ White and English speakers have better numbers in most metrics, compared to POCs and non-English speakers
- ▶ Women have higher percentage of treatments than men for every metrics, except for substance use disorders

- ▶ NOTE: The data presented here should be taken as it is
 - ▶ Cannot draw cause/effect conclusions in regards to access until further studied (food, housing, transportation, childcare, education etc. are all contributors to access barriers)

HCA's Effort to Improve Access

- ▶ Front & center of our work
- ▶ Initiatives to push for better access & treatments, including:
 - ▶ WISe (Wraparound with Intensive Services) for children, youth and their families who have mental health illnesses.
- ▶ Workforce crisis nationally
 - ▶ Not enough behavioral health providers
 - ▶ Low reimbursements for care
- ▶ Behavioral health integration

Contact

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